## **WESTERN DISTRICT:**

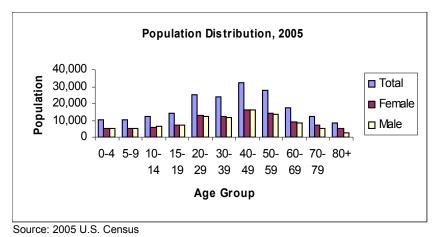
# **Demographics**

# **Population**

The distribution of age, race, and gender in a population is a basic consideration in defining public health priorities, as many health behaviors and outcomes differ by these factors

	Western District Number	Western District: % of Maine	Maine State
Total Population	194,687	14.7%	1,321,574
Population Density (People/Square Mile)	45.9	N/A	42.8

Source: 2006 U.S. Census



Population Distribution by Age Group in District and State

	r opulation distribution by Age Group in district and State										
Age Group:	0-4	5-9	10-1 4	15-1 9	20-29	30-39	40-49	50-59	60-69	70-7 9	80+
Distric											
t	5.3%	5.4%	6.3%	7.3%	12.9%	12.4%	16.5%	14.3%	8.8%	6.5%	4.2%
State	5.1%	5.4%	6.3%	7.1%	11.9%	12.5%	16.8%	15.0%	9.1%	6.5%	4.2%
								,		,	
Distric	10,3	10,5	12,2	14,1	25,12	24,11	32,10	27,78	17,15	12,5	8,15

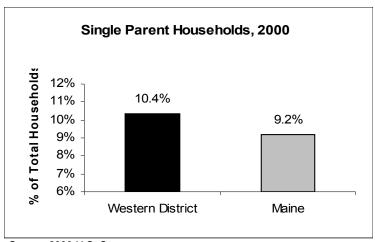
t	26	47	95	85	3	7	6	8	7	40	7
State	67,6	70,7	82,8	93,7	157,8	165,5	222,6	198,7	119,7	86,2	55,7
	60	65	08	88	10	90	43	10	80	41	10

Source: 2005 U.S. Census

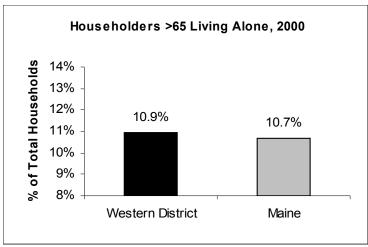
## Race and Ethnic Distribution by District and State

	White	Blac k	Americ an Indian & Alaska n Native	Asia n	Native Hawaiia n & Pacific Islander	Two or More Race s	Non- Hispani C	Hispa nic	Franco- Americ an*
Distri									39.1%
ct	97.1%	0.9%	0.3%	0.6%	0.0%	1.1%	99.0%	1.0%	
State	96.9%	0.8%	0.6%	0.8%	0.0%	0.9%	99.0%	1.0%	22.8%
					-				
Distri	188,79	1,76		1,09					58,457
ct	3	1	602	1	64	2,060	192,336	2,035	
State	1,280,7	9,94		10,8		12,14	1,308,46		291,272
	76	6	7,293	93	455	2	0	13,045	

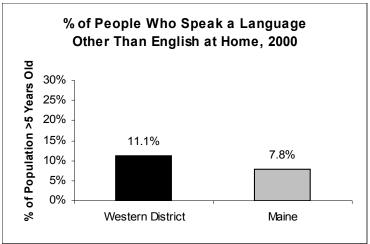
Source: 2005 U.S. Census, \*2000 U.S. Censu



Source: 2000 U.S. Census



Source: 2000 U.S. Census



Source: 2000 U.S. Census; % among people >5years

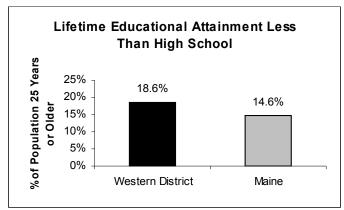
	Western Maine District Number	Western Maine District Percent (± Margin of Error)	Maine State Percent (± Margin of Error)
Total Households	76,148		
Single-Parent Households (With Children <18)	7,887	10.4 (±0.2)	9.2 (±0.1)
Householder >65 Living Alone	8,317	10.9 (±0.2)	10.7 (±0.1)
People Who Speak a Language Other Than English At Home (>5 Years Old)	19,771	11.1 (±0.2)	7.8 (±0.1)

Source: 2000 U.S. Census

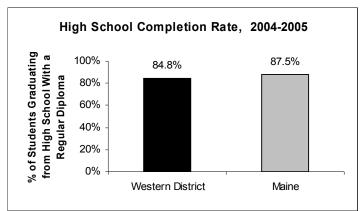
### Socio-Economic Status

Socio-economic status (SES), as measured by factors such as income and educational attainment, is highly related to health status. Numerous health disparities are linked to inequalities in SES.

Mechanisms by which SES contributes to health status include barriers to access of quality health care and prevention, environmental and behavioral factors, and generally high levels of stress. Data on educational attainment and income status, as presented below, are obtained through the Maine Department of Education and the U.S. Census.



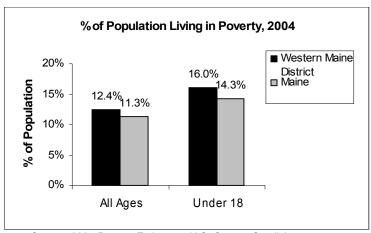
Source: 2000 Census; % of population 25 and older with < high school education



Source: 2004-2005 Maine Department of Education

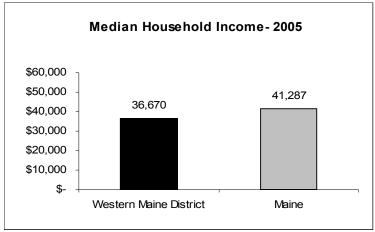
	Western	Western	Maine
	District	District Percent	State Percent
	Number	(± Margin of Error)	(± Margin of Error)
Lifetime Educational Attainment Less Than High School <sup>1</sup>	23,577	18.6 (±0.2)	14.6 (±0.1)
High School Completion Rate <sup>2</sup>	2,158	84.8 (±3.5)	87.5 (±1.5)

- 1. Source: 2000 Census; Less than high school education among those 25 years and older,
- 2. Source: Maine Department of Education; % of students graduating from high school with a regular diploma; based on county location of school

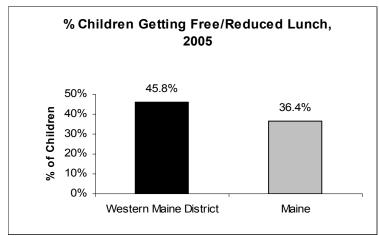


Source: 2004 Poverty Estimates; U.S. Census Small Areas

**Estimates Branch** 



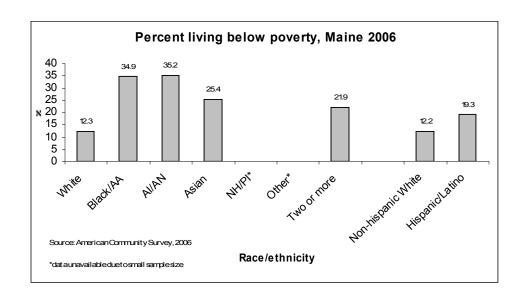
Source: 2004 Median Income Estimates; U.S. Census Small Areas Estimates Branch

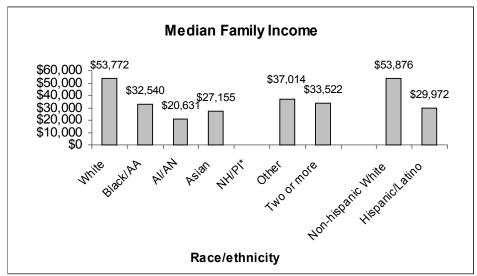


Source: Maine Department of Education: 2005 data

	Western District Number	Western District Percent (± Margin of Error)	Maine State Percent (± Margin of Error)
Poverty, All Ages <sup>1</sup>	23,915	12.4 (±0.2)	11.3 (±0.1)
Poverty, Under 18 <sup>1</sup>	6,585	16.0 (±0.4)	14.3 (±0.1)
Median Household Income <sup>1</sup>	\$36,670	N/A	\$41,287
Children On Free/Reduced Lunch Program <sup>2</sup>	13,466	45.8 (±0.7)	36.4 (±0.3)

- $1.\,\,$  Source: 2004 Poverty Estimates; U.S. Census Small Areas Estimates Branch
- 2. Source: Maine Department of Education: 2005 data





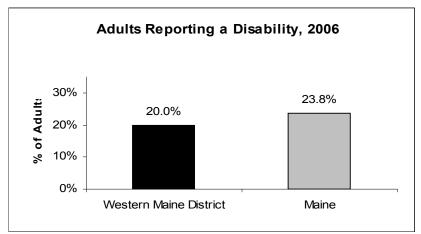
Source: American Community Survey, 2006 \*Data unavailable due to small sample size

## **Disability**

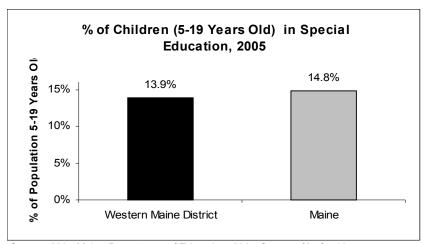
Having a disability is associated with higher rates of poverty, unemployment, physical inactivity, obesity, pain, sleeplessness, depression and anxiety. Many people with disabilities have inadequate medical access and care, and experience social isolation.

Defining disability is difficult. In this document, we have defined an adult with disabilities as someone who has an activity limitation or a health problem requiring special equipment. For children, we present information on children in special education as a proxy for disability status.

For more information about adults with disability in Maine, contact the Office of Adults with Cognitive and Physical Disability Services <a href="https://www.maine.gov/dhhs/OACPDS/DS/">www.maine.gov/dhhs/OACPDS/DS/</a>. For information about children, please contact the Children with Special Health Needs program at the Maine Center for Disease Control and Prevention: <a href="https://www.maine.gov/dhhs/boh/cshn/">www.maine.gov/dhhs/boh/cshn/</a>.



Source: 2006 BRFSS; Reported either having a health problem requiring special equipment or having activity limitation due to a physical, mental, or emotional health problem.



Source: 2005 Maine Department of Education, 2005 Census: % of 5-19 year olds who are in special education

	Western District Percent (± Margin of Error)	Maine State Percent (± Margin of Error)
Adults Who Report Having a Disability <sup>1</sup>	20.0 (± 3.7)	23.8 (±1.6)
Children (5-19 Years Old) Who Are in Special Education <sup>2</sup>	13.9 (±0.4)	14.8 (±0.2)

Source: 2006 BRFSS; Reported either having a health problem requiring special equipment or having activity limitation due to a physical, mental, or emotional health problem.

Source: 2005 Maine Department of Education, 2005 Census: % of 5-19 year olds who are in special education; Based on county of residence of child